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| --- | --- | --- | --- | --- | --- |
| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| RELATIONSHIPS  [Y3/4: Families and relationships (Cycle A) - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y3-4/cycle-a/families-and-relationships/)  [Y3/4 Safety and The Changing Body Mixed Age Lesson Plan (kapowprimary.com)](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y3-4/cycle-a/mixed-age-y3-4-safety-changing-body-cycle-a/) | | | LIVING IN THE WIDER WORLD  [Y3/4: Citizenship (Cycle A) - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y3-4/cycle-a/mixed-age-y3-4-citizenship-cycle-a/) | LIVING IN THE WIDER WORLD  [Mixed-age PSHE & RSE Lessons Money management Careers Year 3/4 (kapowprimary.com)](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y3-4/cycle-a/mixed-age-y3-4-economic-wellbeing-cycle-a-2-2/) | HEALTH AND WELL-BEING  [Y3/4: Health and wellbeing (Cycle A) - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y3-4/cycle-a/mixed-age-y3-4-health-and-wellbeing-2/)  TRANSITION LESSON:  Year 3:  [KS2 Y3: RSE/PSHE: Transition Lesson - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/lower-key-stage-2/year-3/transition-lesson/)  Year 4:  [KS2 Y4: RSE/PSHE: Setting Goals - Lesson Plan - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/lower-key-stage-2/year-4/transition-lesson/lesson-1-setting-goals/)  Mixed class:  [Mixed-age Lesson Plan transition Year 3/4 Coping with Change KS2 (kapowprimary.com)](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y3-4/cycle-a/mixed-age-y3-4-transition-cycle-a/mixed-age-lesson-1-year-3-4-cycle-a-coping-strategies/) |

PSHE PLANS – YEAR 3 AND 4

CYCLE A

CYCLE B

|  |  |  |  |  |  |
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| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| RELATIONSHIPS  [Y3/4: Families and relationships (Cycle B) - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y3-4/y3-4-cycle-b/mixed-age-y3-4-families-and-relationships/)  [Y3/4: Safety and the changing body (Cycle B) - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y3-4/y3-4-cycle-b/mixed-age-y3-4-safety-changing-body-cycle-b-2/) | | | LIVING IN THE WIDER WORLD  [Y3/4: Citizenship (Cycle B) - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y3-4/y3-4-cycle-b/mixed-age-y3-4-citizenship-cycle-b/) | LIVING IN THE WIDER WORLD  [RSE & PSHE Mixed-Age Lessons Year 3/4 Money Careers Budgeting (kapowprimary.com)](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y3-4/y3-4-cycle-b/mixed-age-y3-4-economic-wellbeing-cycle-b/) | HEALTH AND WELL-BEING  [Y3/4: Health and wellbeing (Cycle B) - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y3-4/y3-4-cycle-b/mixed-age-y3-4-health-and-wellbeing-cycle-b/)  TRANSITION LESSON:  [KS2 Y3: RSE/PSHE: Transition Lesson - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/lower-key-stage-2/year-3/transition-lesson/)  Year 4:  [KS2 Y4: RSE/PSHE: Setting Goals - Lesson Plan - Kapow Primary](https://www.kapowprimary.com/subjects/rse-pshe/lower-key-stage-2/year-4/transition-lesson/lesson-1-setting-goals/)  Mixed class:  [Mixed-age Lesson Plan transition Year 3/4 Coping with Change KS2 (kapowprimary.com)](https://www.kapowprimary.com/subjects/rse-pshe/mixed-age-y3-4/cycle-a/mixed-age-y3-4-transition-cycle-a/mixed-age-lesson-1-year-3-4-cycle-a-coping-strategies/) |